COVID-19 Precautions and Mitigations

The health of students and staff members is our top priority. The following guidelines are intended to provide protection for our employees, students, and community.

Mountain View Administration, faculty, and staff have taken the challenge of planning for the reopening of school and has considered what teaching and learning will be like in the year ahead for teachers and students living under a new set of health and safety protocols. We have imagined the scenes inside of classrooms, in the lunchroom, at recess, at drop-off and pick-up, and much more. The daily schedules and routines have been reimagined with policies and protocols to maintain as safe and healthy a school environment as possible.

In order to meet guidelines regarding health and safety protocols in an effort to mitigate risk for our students and employees, we have made significant changes and investments to our classrooms and physical environments.

**What we will do as school and district personnel**

- Mitigate risk/spread by encouraging physical distancing, proper hand hygiene, sanitization, wearing masks, hallway flow adjustments, adjusting lunch times and seating, recess modifications, and spacing of students in common areas.
- Continue to refine our digital curriculum to meet the needs of distance learning.

**What you can do:**

- Understand that these guidelines are determined by health, educational and civic professionals commissioned to care for your child, considering the physical environment, time spent in school, and the potential risk to the health of our students, staff and families.
- Keep your child home if they have a fever, cough, cold or flu symptoms, and have them return only when these symptoms have subsided.
  1. At least 10 days has passed since the first symptom appeared, symptoms have improved, and there has been no fever for at least 24 hours without the use of fever reducing medication
  2. Students have a note from a healthcare professional containing another diagnosis
  3. Students have a negative COVID-19 test
- Talk to your child about changes they may notice at school, reinforcing that these measures are in place to preserve their health, and the health of those around them.
- Send your child to school with a mask and encourage them to wear it.
- Encourage your students to social distance at all times while at school.
- As always, please reinforce the importance of respecting the authority of teachers and staff to maintain order in the classroom, the hallway, and other campus areas.
- Prepare as much as possible to adapt to change. As evident from this past spring, things evolve quickly, and schedule modifications and/or closures may be unavoidable.

**What safety items are being provided:**

- Masks have been purchased to provide for every school staff member and student.
- Plexiglass barriers have been installed in all buildings for areas that staff will interact with the public.
- Face shields are available for any employee that would like to use one.
- All classrooms will be organized with social distancing standards and plexiglass desk barriers.
- Every classroom will have hand sanitizer that will be refilled as needed.
- Every classroom will have a bottle of disinfectant that will be refilled as needed.
- There will be a hand sanitizer dispenser at all grade level entrances.
- All HVAC systems have been adjusted to ensure 100% of fresh air will be cycled daily.
- Air filters will be checked weekly and replaced quarterly.
- Water bottles will be provided to each student.
- Know that you as a parent/guardian have the right to keep your child home at any time as you assess risk as it relates to your family.
Detailed Mountain View Procedures with Resources

1. Emotional Wellbeing.
   Regular formal and informal check-ins provided for students and staff. Every elementary school will be putting an increased emphasis on the well-being of students as they return to school. The school’s counselor will assist in supporting students.

2. How will teachers be protected?
   Wear a face Covering.
   All members of the community are required to wear an appropriate mask at all times while on campus.
   If a student forgets their facial covering, a disposable mask will be provided for them upon arrival.
   Students will be required to wear a face mask while on campus, except for when students eat breakfast and lunch.

   Practice Physical Distancing.
   All members of the community must adhere to the recommended physical distancing guidelines. These guidelines will be made explicit through written communication, physical symbols (marks on the ground and signs), verbal reinforcement, and behavior modeling.

   Practice Excellent Hygiene.
   Wash hands often with soap and water for at least 20 seconds – especially after being in a public place, or after blowing your nose, coughing, sneezing, or using the restroom. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and run them together until they feel dry. Avoid touching your eyes, nose, and mouth with unwashed hands.

3. HYGIENE AND SANITATION IN BUILDINGS
   • Custodial staff will wipe and sanitize frequent touch points throughout school buildings and will routinely sanitize restrooms throughout the day.
   • Handwashing and sanitizing are required once students enter school, before and after lunch, after bathroom breaks and throughout the day.
   • Water fountains are only available to fill water bottles. Water bottles will be given to each student.
   • In the classrooms and other areas, the school staff will have hand sanitizer and a spray bottle with the cleaner/sanitizer on hand to wipe down the desks and other area as needed throughout the day.
     - At the end the of the day, when the building is unoccupied, our custodial team will then do a thorough cleaning and sanitation of all areas used during the day.

4. SLCSD Primary Cleaning Agent
   The district’s primary cleaning agent is created by on-site generators - Salt Water Biocides which produces Hypochlorus acid. Hypochlorus Acid or HOCl provides a unique power to eradicate dangerous organisms while not causing harm to our cells. HOCl is one of the only agents that is both nontoxic to the delicate cells that can heal our wounds while being lethal to almost all known dangerous bacteria and viruses that threaten our health. Here is a link to an interesting article about the cleaner the district is using, https://www.dailymail.co.uk/news/article-8558121/Spray-costs-pennies-kills-viruses-instantly-simple-solution-Covid-nightmare.html

5. School Circulation and Filters
   • Airflow meets or exceeds Utah Health Department Standards
   • All HVAC systems have been adjusted to ensure 100% of fresh air will be cycled daily.
   • Air filters will be checked weekly and replaced quarterly.
   • Filters went from a MERV 8 to a MERV 13.

   Parent/guardians entry into the school building will be restricted. Facial coverings will be required for essential visitors. All visitors will be greeted at the Main Entrance through the doorbell and if they are permitted to enter, they will be directed to their destination.
7. School Entry Points & Drop-Off and Pick-Up Times

Students will enter and exit with their teacher through their designated doors (see image below). Students are expected to move directly to their designated door after arriving to school and wait for their teacher. Early students will not be allowed to wait inside the building. Parents/guardians will NOT be permitted to drop off students to the classrooms.

Late arrivals must check in at the front door.

Students may not linger on campus. Student should not be on campus more than 10 minutes before school or 10 minutes after school. 6’ social distance is required. Students are not allowed to use the playground equipment before or after school.

Please follow the drop-off and pick-up schedule below.

**School Day: 8:15-2:45**

- **School Starts at 8:15 am**
- **Pick Up at 1:45 pm**
- **2:00-2:45 Asynchronous Work**

8. Hallways

- Hallways are marked with directional arrows.
- COVID19 precaution signs are posted.
- 6’ social distance will be expected and enforced.
- Students will “stay to the right” when passing through the hallways.
- Appropriate face coverings, covering the mouth and nose, must be worn on campus.
- Face shields may be worn in conjunction with a mask.
9. Cafeteria
The tables in the cafeteria will all face the same direction and are spread out to provide social distancing during lunch. Students will get a sack lunch and sit at their assigned seat for contact tracing and for social distancing.

Recess is scheduled so that each grade has their own scheduled time. The playground is divided into zones, with each class designated to a certain zone. Masks will continue to be worn while following physical distancing guidelines.

11. Please refer to the Uniform Policy for returning to in-person instruction. *Uniform policy is encouraged but will not be strictly enforced through the end of the 2020-2021 school year.

MOUNTAIN VIEW ELEMENTARY UNIFORM POLICY

SUMMARY

Mountain View has a mandatory school uniform policy. The following is expected of all students:

- Mountain View School colors are solid tan, solid navy blue, solid light blue and solid white.
- Approved fabric: Twill, cotton, polyester, corduroy, wool are acceptable fabrics.
- Fabric/Styles NOT approved: Denim, stretch form fitting fabrics/styles, fleece, sweats, or athletic attire.
- Tops (Boys or Girls): All tops must have sleeves. Collars are encouraged (button down, dress shirt collar, turtle, or mockturtle). Tops must be plain (no pictures, writing, stripes or contrasting trim). Tops with the Mountain View logo are allowed.
- Pants (Boys): Boys may wear slacks/trousers or shorts.
- Pants (Girls): Girls may wear slacks, shorts or skirts.
- Dresses: Girls may wear dresses, jumpers or skirts.
- Footwear: Shoes must be worn at all times. Shoes must be secure attached to feet for safety (no flip flops). Socks are highly recommended for health reasons. No shoes with rollers attached to them. Shoe heel height may not be higher than two inches.

Uniforms will not be required on Halloween, St. Patrick’s Day, Picture Day and Every Friday!

Standardized Dress Code

- Properly fitted clothing is to be worn at all times. Baggy and slouched clothing will not be allowed. Pants and shorts must be worn to the waist.
- Shorts, skirts, shorts and dresses must be mid-length or longer when standing.
- Exposed material left from belts should be placed through loops so it does not hang down.
- Clothing shall not expose abdomen or chest and shall be sufficient to conceal under garments at all times.
- Spandex tube tops, see-through fabric, fishnet fabric, low-cut tops, bare midriffs, leggings, bike pants, jeans tight fitting or excessively short skirts or dresses are not permissible.
- Clothing that promotes, supports, or displays gang activity or affiliation is not allowed.
- Clothing and jewelry shall not display inappropriate, vulgar, obscene, or plainly offensive language or symbols. No hats or beanies shall be worn inside.

To minimize classroom disruption, students in violation will have the option of changing into school owned uniforms at recess or calling parents to bring them a school uniform. Parents will be notified in writing.

THESE ARE UNIFORM COLORS:
ESTOS SON LOS COLORES DE LOS UNIFORMES:

By working together, community members are expected to follow directives from national, state, local, and district authorities to maintain their own health and safety during this pandemic, both in and outside of school. These include Utah Department of Health and the CDC Guide on Protecting Yourself and Others.
13. Where can I find the States COVID Manual?

14. Salt Lake County Health Department COVID-19 Information
   • [https://slco.org/health/COVID-19/](https://slco.org/health/COVID-19/)

15. Contact the Principal if a Community Member Tests Positive for COVID-19 or Has Pending COVID-19 Test Results.

   If a student, employee, or any member of their household tests positive for COVID-19, or is awaiting test results, the Principal must be notified as soon as possible. This information will remain confidential, will be shared with the school nurse, and will allow the school to take necessary action to mitigate risks.

16. Stay at Home if SICK.

   Please check their student’s health every day before sending them to school.
   • Fever or temperature of 100.4°F (38°C) or higher.
   • Cough – If your child normally has a cough because of allergies or asthma, is this cough different than normal?
   • Shortness of breath
   • Muscle aches or pains not explained by exercise or activity
   • Decrease in sense of smell or taste
   • New runny nose
   • Sore throat
   • Nausea or vomiting
   • Diarrhea
   • Loss of taste

   Any community member showing signs or symptoms of COVID-19 must not come to school. Parents/guardians must keep sick students’ home and away from others and report the illness to the school. Plans will be made to support student through remote learning.
17. What Happens if a student begins exhibiting symptoms while at school?

- Parents and guardians need to make sure their family, emergency contact list, and current medical information is up to date. Contact the office to update your child’s information.
- Students will be immediately sent to the office if they show any of the following primary or secondary symptoms.

<table>
<thead>
<tr>
<th>Primary Symptoms:</th>
<th>Secondary Symptoms:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cough (not asthma related)</td>
<td>Headache</td>
</tr>
<tr>
<td>Shortness of breath (not asthma)</td>
<td>Muscle Pain</td>
</tr>
<tr>
<td>Breathing difficulty (not asthma)</td>
<td>Sore throat</td>
</tr>
<tr>
<td>Fever of 100.4 or higher</td>
<td>Congestion or runny nose</td>
</tr>
<tr>
<td>Chills</td>
<td>Nausea or Vomiting</td>
</tr>
<tr>
<td>Loss of Taste or smell</td>
<td>Diarrhea</td>
</tr>
<tr>
<td>Other:</td>
<td></td>
</tr>
</tbody>
</table>

- Parents/guardians will be contacted for immediate pick-up. The student will wait in a CoVid isolation room until parent/guardians arrive.
- The student will be sent home with the following form with instructions regarding when the student may return to school.

Dear Parent/Guardian of: ________________________________

Your student was seen in the office today with the following symptom(s):
- [ ] Cough (unrelated to known asthma, or different than normal)
- [ ] Shortness of breath
- [ ] Fever of 100.4°F or higher: ________________________________
- [ ] Chills, shivering
- [ ] Sore Throat
- [ ] New loss of smell or taste
- [ ] Gastrointestinal symptoms
  - [ ] Nausea
  - [ ] Vomiting
  - [ ] Diarrhea
- [ ] Fatigue
- [ ] Muscle or Body aches not related to exercise
- [ ] New congestion or runny nose (not related to known allergies)
- [ ] Other (specify): ________________________________

Your student may return to school when:

At least 10 days has passed since the first symptom appeared, symptoms have improved, and there has been no fever for at least 24 hours without the use of fever reducing medication **OR**
- Students have a note from a healthcare professional containing another diagnosis **OR**
- **If there was no known exposure to an individual confirmed positive for COVID-19, students may return if they have a negative COVID-19 test, symptoms have improved, AND there has been no fever for at least 24 hours without the use of fever reducing medication with a release from a medical provider or the health department.**

Contact your school nurse if you have questions.

Nurse Name: Rachel Danielson
Phone Number: 801-974-8340
Email: Rachel.Danielson@slcschools.org
COVID-19 Parent Symptom Guide: Should your student come to school today?

Do not send students to school if they fall into any of the below categories:
- They are experiencing any of the symptoms below
- They are in isolation for a positive test result, or awaiting a test result
- They have been exposed, or live in the same household with a person who is positive for COVID-19

If you have questions, please contact your school nurse.

We are asking parents to check their students for symptoms of Covid-19 every day before sending them to school. This quick assessment can help parents determine if their student should attend school or stay home and follow up with a healthcare professional.

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Does your child have any of these symptoms?</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Fever or temperature of 100.4° F (38° C) or higher. If you do not have a thermometer, check your child’s skin to see if it feels warm or is red, or ask if they have chills or are sweaty.</td>
<td></td>
</tr>
<tr>
<td>• Cough – If your child normally has a cough because of allergies or asthma, is this cough different than normal?</td>
<td></td>
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<tr>
<td>• Shortness of breath</td>
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<table>
<thead>
<tr>
<th>Yes, my child has at least one of those symptoms</th>
<th>No, my child is sick, but does not have any of the symptoms listed above.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your child should isolate at home, and not go to school until they have seen a healthcare provider.</td>
<td>Keep children home until they have been symptom free for 24 hours.</td>
</tr>
<tr>
<td>The student may return when at least 10 days have passed since the first symptom appeared, symptoms have improved AND there has been no fever for at least 24 hours without the use of fever reducing medication OR Students have a note from a healthcare professional containing another diagnosis OR</td>
<td>See a doctor right away, if your child does not seem to be getting better or is getting worse.</td>
</tr>
<tr>
<td>If no known exposure: students have a negative COVID-19 test, symptoms have improved, AND there has been no fever for at least 24 hours without the use of fever reducing medication</td>
<td>For more information, see the Salt Lake City School District Guidelines</td>
</tr>
</tbody>
</table>
19. **Contact Tracing.**
A program of contact tracing begins by limiting mingling and gatherings. Students’ movement throughout the building will be orderly, planned, purposeful, and limited. As necessary the Administration and School Nurse will determine all contact tracing.

20. **The current guidelines for quarantine are:**

Students closer than 6 feet to a person with a positive COVID-19 test for 15 minutes or more **will quarantine and monitor for symptoms.** People who maintained 6-foot distance **will not need to quarantine.** They will need to self-monitor their temperature and watch for symptoms for 14 days.

**Two options of quarantine:**

**Ten-day quarantine without testing.** If the person who was exposed to COVID-19 lives with the person who is positive for COVID-19, the person **must** quarantine for **ten days,** beginning from the last date there was contact with the positive person. After the tenth day if there are no symptoms, they may leave quarantine. They should continue to monitor for symptoms until 14 days after the exposure have passed, and resume quarantine and consult a healthcare provider if symptoms occur.

**Seven-day quarantine with COVID Testing:** If the person exposed does not live with the person who tested positive, and they have had no symptoms of COVID-19, they may receive a COVID-19 test seven days after exposure, and return to school if it is negative. They should continue to monitor for symptoms until 14 days after the exposure have passed, and resume quarantine and consult a healthcare provider if symptoms occur.

21. **COVID-19 Closures**
Mountain View/SLCSD will follow Utah and Salt Lake County guidelines for classroom and school closures.
- A classroom will go into quarantine if there are three cases.
- A school will go into remote learning and quarantine if 15 students have COVID-19.

22. **Mountain View’s School Nurse Contact Information**
Rachel Danielson, BSN, RN  
Salt Lake City School District Nurse  
801-974-8340  
Rachel.danielson@slcschools.org