Principal’s Message
I want to thank those who came to our School Community Council meeting this past Friday. The voices of parents who care contribute to keeping our school great and contributing to making it even greater. We appreciate your input and investment.

Halloween Scare Fair
We are excited to announce the Halloween Scare Fair that will be held on Friday, October 25 from 3:00 to 6:00 pm in the Community Learning Center. There will be health screenings, community health resources, activities for children, a photo booth, and trick-or-treating. One of the most exciting aspects to this event is that you and your family can come get flu vaccinations for free! Those will be available while supplies last between 12:00 and 6:00 p.m. The recipients of the vaccine must be at least seven years old. We encourage all to participate. Being sick costs families money, time, and stress. Avoid the illness in your home by being vaccinated. We want to thank Walgreens, Salt Lake Education Foundation, and the Association for Utah Community Health for making the event and vaccinations possible.

Suggested Activity to Increase Your Child’s Level of Empathy
Last week’s newsletter suggested an activity to help teach children empathy. Dr. Michele Borba recommends inviting children to imagine themselves experiencing a living in a situation they have never experienced before, and then sharing their thoughts by drawing a picture or writing about what they thought about it.

It would also be a great idea to have our children actually experience the situation. For example we could take our children to visit a homeless shelter, juvenile hall, or a nursing home. One could give a child a small experience of having a disability by having them wear a blindfold, sit in a wheelchair, or not use their voice for a time. After the experience, it would be great for the child to talk or write about it again, asking them how their perspective is the same or different than what they thought. Dr. Borba suggests you could even go back and volunteer with your child for them to have even another perspective.