

Mountain View Newsletter

December 9, 2015

Tuesday, December 8.....Parents and Principals Meeting, 8:15 a.m.
Friday, December 18.....Holiday Music Show for Parents, 8:30 a.m.
Monday, December 21-January 3.....No School, Winter Recess
Monday, January 4.....School Resumes

Principal's Message

Winter is upon us, along with some of the challenges it presents. All parents and students need to be aware that we will typically go outside for recess throughout the winter. Sometimes winter days are quite cold and wet, so we need students to be prepared with appropriate clothing like coats, gloves, and boots, so that we can get the mental break and physical exercise without being too cold. We have had a few students tell us that they need to stay in because it is cold. Everyone will go outside unless they have a doctor's note documenting a specific medical need to stay inside.

There are two conditions which will keep us indoors for recesses. First, if the weather is severe, and second, if the air quality is too poor.

The weather that will keep us inside for recess is heavy rain or snow conditions or temperatures below 20 degrees Fahrenheit. The rain or snow being heavy enough is a judgment call made by administrators.

There are scientific ways to measure the particulates in the air. The Utah Department of Health and The Utah Department of Air Quality have given us guidelines for scheduling indoor recesses. When the particulate matter is between 35.5 and 55.4 ug/m, sensitive students (those with asthma, cystic fibrosis, chronic lung conditions, congenital heart disease, compromised immune systems, or other respiratory problems) will stay inside, between 55.5 and 90 ug/m, sensitive students and students with respiratory symptoms (coughing, wheezing, shortness of breath, and chest tightness) will stay inside, and when it is above 90 ug/m, all students will stay inside for recess.

Parents and Principals

The principals would love to meet you, share what is new at Mountain View, and answer any questions you might have. Our next Parents and Principals discussion will be held in the Community Learning Center on Tuesday, January 5, at 8:15 a.m. The last couple weeks it has been nice to see a couple dads there, as well. We hope to see you there.

Holiday Music Show for Parents

On December 28 all parents and family members are invited to see their children perform musical songs that help us celebrate the holiday season. All of the grade levels will come through to sing for you! The show will begin at 8:30, so please be in your seats in the auditorium before that time.